

CE CREDITS

This workshop is accredited by the Canadian Psychological Association as a CE program. Attendance throughout the program is required in order to receive documentation of 7 CE hours with the CPA.

REGISTRATION

FEES (LUNCH INCLUDED)

BEFORE AUGUST 14, 2006

- INDIVIDUAL REGISTRATION \$110.00
- STUDENT REGISTRATION (INCLUDES PROOF OF ENROLMENT) \$ 80.00
- GROUP REGISTRATION \$100.00
(EACH FOR 3 OR MORE WHEN REGISTERING AT THE SAME TIME)

AFTER AUGUST 14, 2006

- INDIVIDUAL REGISTRATION \$120.00
- STUDENT REGISTRATION (INCLUDES PROOF OF ENROLMENT) \$ 80.00
- GROUP REGISTRATION \$110.00
(EACH FOR 3 OR MORE WHEN REGISTERING AT THE SAME TIME)

CE CREDIT REQUIRED? TOTAL: _____

NAME _____
 ADDRESS _____
 SEND RECEIPT TO (IF DIFFERENT FROM ABOVE) _____
 PHONE _____

METHOD OF PAYMENT

- CHEQUE
- VISA
- MASTERCARD
- AMERICAN EXPRESS

CREDIT CARD # _____ EXPIRY DATE _____
 SIGNATURE _____ TOTAL AMOUNT _____

ONE STEP AT A TIME.

The Red Ladder Group is an independent psychology and coaching practice providing psychological and psycho-educational evaluation services, alongside psychotherapy, family therapy, and group therapy. We also conduct personal coaching and family coaching services where appropriate. Our public and professional initiatives include our quarterly newsletter, The Kooftop and production of professional development courses like this one.



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A PROFESSIONAL WORKSHOP WITH
DR. ERIC YOUNGSTROM

SEPTEMBER 25, 2006
 8:30 AM - 4:30 PM

JUVENILE BIPOLAR DISORDER: PRESENTATION, ASSESSMENT AND INTERVENTION



The Red
 Ladder Group

JUVENILE BIPOLAR DISORDER

Juvenile Bipolar Disorder is a controversial and high-stakes diagnosis in children and teens. Bipolar Disorder often appears very differently in children than in adults. Central features of the disorder can make accurate diagnosis challenging in young people, often resulting in many incorrect diagnoses (ADHD, Unipolar Depression, Conduct Disorder, Anxiety Disorders, etc.) before a young person ever receives a correct diagnosis and helpful treatment.



During the past few years researchers have made great gains in understanding and assessing Juvenile Bipolar Disorder, and advances have also been made in assisting young people with the illness therapeutically, emotionally and socially.

The Red Ladder Group is pleased to present a one-day workshop devoted to the presentation, assessment, and treatment of Juvenile Bipolar Disorder.

MONDAY, SEPTEMBER 25, 2006
8:30 AM TO 4:30 PM

THE CLARION HOTEL
1445 PORTAGE AVENUE
WINNIPEG, MB R3G 3P4

JUVENILE BIPOLAR DISORDER WORKSHOP

This one-day workshop is designed to help professionals to:

1. Identify differences between the typical presentation of bipolar disorder in children and the classic adult presentation;
2. Identify which symptoms and risk factors are most helpful in recognizing bipolar disorder and which ones may be red herrings;
3. Recognize how often bipolar disorder occurs in children and teens in different settings, including schools, outpatient and inpatient clinics, and forensic settings;
4. Know what assessment tools are available to aid in differential diagnosis, and in measuring response to treatment, and to be aware of the evidence supporting their use;
5. Assess how best to interpret test results, taking evaluation setting into account;
6. Understand the framework for applying cognitive behavioural techniques with teens who have bipolar disorder, and for applying specific techniques in session;
7. Recognize the kinds of support from family, school, and others that may be helpful to young people with bipolar disorder.

DR. ERIC YOUNGSTROM

Dr. Eric Youngstrom (B.A., Emory; M.A., Ph.D., University of Delaware) is an Associate Professor of Psychology at the University of North Carolina at Chapel Hill, an Adjunct Professor at Case Western Reserve University in Cleveland, Ohio and a leading researcher in the area of Juvenile Bipolar Disorder. He and his team are working to find better ways of



using well-known tests and to develop new measures to answer clinical questions. He is the lead author of the recommendations for evidence-based assessment of juvenile bipolar disorder, and he has published more than thirty articles on the topic of assessing bipolar disorder. He also is the principal investigator on grants from the National Institute of Mental Health, the Ohio Department of Mental Health, and various foundations to improve assessment and treatment of bipolar disorder.

Dr. Youngstrom works closely with children and adolescents in the outpatient clinic of the University Hospitals of Cleveland, one of the only locations in the world with Stanley Medical Research Institute support to conduct research on bipolar disorder across the lifespan. Since 2000, he has also had a close relationship with the Department of Justice Affairs of Cuyahoga County and worked with researchers and clinicians to investigate relationships between emotions and personality variables on the one hand, and antisocial behaviour and recidivism on the other. He also supervises assessment at the largest child and family community mental health center in the State of Ohio, Applewood Centers, Inc.

He is also an expert in school-based mental health programs. Clinically, he is interested in child and family therapy, with emphasis on cognitive-behavioural, systemic, and strategic family therapy techniques.

An engaging speaker, Dr. Youngstrom has given workshops and grand rounds throughout North America and Europe. He also has won numerous awards for his teaching.